

Missouri State University

Hiking the Highlands: MSU Bears on a Scottish Camino 2018

Study Away Program

June 1-June 25, 2018

Instructor: J. Dane' Wallace	Course credits: (3-6) of the following: MCL 550; IDS 397; IDS 297
Office: Siceluff 111	
Telephone: J. Dane Wallace: Office: (417) 836-5870 Cell: (417) 840-8212	Email: danewallace@missouristate.edu



Course Description:

- i. This proposed Study Away Program is designed primarily to introduce students to a challenging personal experience, while at the same time fostering international relationships and global perspectives. There are many famous hiking paths in Scotland and it has become one of the top long-distance hiking destinations in the world, with over 80,000 participants per year from around the world.¹ Our adventure will be combining two of the best hiking trails in Scotland, the John Muir Way (134 miles (215 km) and the West Highland Way (95 miles (154.5 km). Our journey begins in Edinburgh and after sixteen (16) days of hiking through the heartland and Highlands of Scotland, we shall spend a few days in Glasgow and then return via train to Edinburgh. MSU students will be walking over 229 miles (370 km). During the carefully planned itinerary of 25 days, students will visit Edinburgh, Stirling, Fort William, and Glasgow Scotland, as well as fifteen (15) villages along the trailways to explore a countryside rich in history and cultural traditions. This journey is proposed to meet several goals of higher education, as well as goals of the Public Affairs Mission of Missouri State University: learning how to expand horizons independently, striving to foster cultural competence and community engagement, and pursuing individual interests and passions.

¹ ["West Highland Way Terminus: Report by Director of Planning and Development"](#). The Highland Council, Lochaber Area Committee. 9 October 2006. Retrieved 6 July 2016.



Course General Goals & Objectives:

Community Engagement and Cultural Competence [Public Affairs Mission of MSU]

- ✓ Students will be introduced to the historical, social, and cultural elements several cities and villages in the heartland and highlands of Scotland that has shaped the country's culture and national identity, as well as its significant impact on the economy of modern Scotland.
- ✓ Students will research and visit national and local historical monuments and landmarks of Scotland and understand their cultural/national significance; including cathedrals, local parish churches, military fortresses, castles, and archaeological ruins. Some of which are UNESCO World Heritage Sites.
- ✓ Students will become aware of current global issues across a spectrum of interdisciplinary studies including economics, anthropology, political science, information technologies, and resource management in Scotland.
- ✓ Students will discuss how diversity, divergent perspectives, and the tolerance of diverse ideas strengthen a community, locally and globally.
- ✓ Students will recognize and reflect on the importance of contributing their knowledge and experiences to their own communities and the broader society.
- ✓ Students will reflect on the similarities and differences between aspects of American and Scottish culture.
- ✓ Students will reflect on their interactions with individuals and institutions in Scotland.
- ✓ Students will gain an invaluable sense of personal achievement and accomplishment for completing a physically rigorous challenge.
- ✓ Students will gain significant international travel experience.



Textbooks & Resources:

Texts/Materials:

1. West Highland Way: 53 Large-Scale Walking Maps & Guides to 26 Towns and Villages - Planning, Places to Stay, Places to Eat - Glasgow to Fort William (British Walking Guide) Paperback – June 1, 2016 by [Charlie Loram](#)
https://www.amazon.com/West-Highland-Way-Large-Scale-Villages/dp/1905864760/ref=sr_1_1?s=books&ie=UTF8&qid=1506577052&sr=1-1&keywords=west+highland+way+guidebook
2. All other textual materials for this course will be available online, or handed out during program.



Grading Criteria:

A: 90-100% B: 80-89% C: 70-79% D: 60-69% F: below 60%

Assessment for: IDS 297; IDS 397; MCL 550

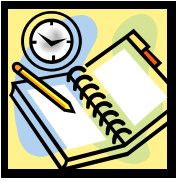
Each student will submit a portfolio, which will be assessed by the MSU faculty member leading the Study Away program. Included in the portfolio:

1. A personal reflection on their experiences on the John Muir Way and West Highland Way, including how the experience shaped his/her own perspectives about the Scottish culture, their own American culture, and the impact that these hiking experiences had on their personal journey to become more aware and active participants in the global community.
 - a. This reflection can be a written paper or a digital compilation. (Post program)
2. A written journal of daily observations and personal interviews (5 per week) with international travelers, outside of the MSU group, and/or local residents. (To be compiled during the program and submitted upon completion of the program)
3. Students will participate in the collective blog: Hiking the Highlands: MSU Bears in Scotland 2018
 - a. Each student will need to post at least three (3) observations/experiences weekly during the program.

Additional Requirements for Specific Credits:

HST 397

- A. In addition to the regular assessment requirements, students will research and submit a rough draft paper on:
 - a. at least two (2) sites of historical significance in the main cities of Edinburgh, Glasgow, and/or Stirling, Scotland, prior to the program.
- B. Students will tour these sites during the Scottish program.
- C. Students will then conclude a 5-8 page paper (or a digital presentation/compilation) which will include the prior research of, descriptions of, and personal impressions of, the two pre-selected sites in their final reflection paper/digital compilation.



Program Schedule:

Date		
March 9	Initial Meeting and Introduction to the program. Itinerary and Points of Interest; Course expectations and requirements 5:00 p.m. Location: Siceluff 411	Program requirements and expectations; Handouts and information: Q and A
April 22	2 nd Meeting: Backpacking 101 1:00-5:00p.m. Meet at MSU; Carpool to Buseik	
May 11	3 rd Meeting: Final preparations	
June 1	Departure flight from Springfield to Edinburgh	
June 2	Arrival in Edinburgh Train to Stirling Accommodations: Allan Park Hotel +44 1786 47 35 98 20 Allan Park Allan Park Hotel, Stirling, UK, FK82QG	Explore Edinburgh Edinburgh Castle Arthur's Seat Palace of Holyrood House National Monument Princes Street Hadrian's Wall
June 3	Explore Stirling/Edinburgh Accommodations: Allan Park Hotel +44 1786 47 35 98 20 Allan Park Allan Park Hotel, Stirling, UK, FK82QG	Stirling POI: Abbey Craig (William Wallace Monument) Stirling Castle Bannockburn Battlefield (Robert de Bruce)
June 4	Explore Stirling/Edinburgh Accommodations: Allan Park Hotel +44 1786 47 35 98 20 Allan Park Allan Park Hotel, Stirling, UK, FK82QG	Picardy Place: birthplace of Sir Walter Canon Doyle: The Conan Doyle Pub Statue of Sherlock Holmes Walk through the Old Calton Cemetery
June 5	Begin the John Muir Way Hike Edinburgh to South Queensferry 15.5 Miles Accommodations: Orocco Pier Hotel +44 0870 118 1664 17 The High Street South Queensferry EH30 9PP	

June 6	South Queensferry to Linlithgow 14 miles Accommodations: Aran House +44 01506 84 20 88 Woodcockdale, Lanark road Linlithgow EH49 6QE	Linlithgow Palace and Loch Blackness Castle
June 7	Linlithgow to Falkirk 8.5 miles Accommodations: Best Western Park Hotel +44 08457 76 76 76 Camelon Road Falkirk FK1 5RY	Antonine Wall The Kelpies
June 8	Falkirk to Kilsyth 13 miles Accommodations: Coachmen Hotel +44 01236 821 649 4 Parkfoot St. Kilsyth, Glasgow Metropolitan Area G65 0SP, UK	Bar Hill
June 9	Kilsyth to Strathblane 13 miles Accommodations: Kirkhouse Inn +44 01360 77 17 71 Glasgow Road Strathblane Strathblane G63 9AA	Loch Lomand The Whangie
June 10	Begin the West Highland Way Strathblane to Carbeth 3 miles Carbeth to Dryman 7 miles Kip in the Kirk Bed & Breakfast +44 07734 39 43 15 The Old Church Hall Stirling Rd, Drymen G63 0BW	Standing stones Duntreath Castle
June 11	Dryman to Balmaha 8 miles Accommodations: Oaktree Inn +44 01360 87 03 57	
June 12	Balmaha to Rowardennan 7 miles Accommodations: Ben Lomond Bunkhouse + 44 01314 58 03 05	

June 13	Rowardennan to Inversnaid 7 miles Accommodations: Inversnaid Bunkhouse and Top Bunk +44 01877 38 62 49	Rob Roy's Prison
June 14	Inversnaid to Ardlui and Inverarnan 7 miles Accommodations: Ardlui Hotel Bothies +44 01301 704 243/269	Rob Roy's Cave
June 15	Inverarnan to Crianlarich 6 miles Accommodations: Craigbank Guesthouse +44 01838 300279	Grey Mares Tail (waterfall) The Falls of Falloch.
June 16	Crianlarich to Tyndrum 6 miles Accommodations: Strathfillan Wigwams +44 01838 400 251 +44 07817 483 126	
June 17	Tyndrum to Bridge of Orchy 7 miles Accommodations: West Highland Way Sleeper +44 07778 746 600	
June 18	Bridge of Orchy to Kingshouse 12 miles Accommodations: Kings House Bunkhouse +44 01855 851 259	
June 19	Kingshouse to Kinlochleven 9 miles Accommodations: Tigh Na Cheo Guesthouse +44 01855 831 434	The Devil's Staircase
June 20	Kinlochleven to Fort William 16 miles Accommodations: SYHA Glen Nevis Youth Hostel +44 01397 702336	
June 21	Rest and Explore Fort William Accommodations: SYHA Glen Nevis Youth Hostel +44 01397 702336	Optional bus to Loch Ness ☺

June 22	Train to Glasgow Accommodations: City Centre Suites SQ +44 14137 42 64 46 18 Naburn Gate APT 1 Glasgow G50SQ	
June 23	Explore Glasgow Accommodations: City Centre Suites SQ +44 14137 42 64 46 18 Naburn Gate APT 1 Glasgow G50SQ	Loch Ness Glasgow Cathedral Queen's Cross Church
June 24	Train to Edinburgh Accommodations: Ibis Budget Hotel Edinburgh Park +44 6 Lochside View, Edinburgh UK EH129DH	
June 25	Nostoi Return Flight to Springfield	
July 21	All coursework for the program is due on this date!	

Rubric for short-term faculty-led program directors

Student name and M-number:

Dates of Study Away program: June 1-June 20, 2018

Country (countries): Scotland

Faculty instructor(s): J. Dane Wallace

Course:	To be submitted to specific department for credit		
Rubric	Strong	Pass	Not Pass
Demonstrates and articulates an increased understanding of and respect for multiple cultural perspectives. Personal interviews Five (5) per week.			
Articulates how the experience shaped their own perspective about their own and the host culture			
Grammar			
Grade: Pass/Fail Additional Comments:			

Faculty signature(s)

Date: